



Subject	PSHE	Theme	Keeping Safe	Term	Summer Term
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What should I already know?

- I know the difference between online and face-to-face bullying.
- I understand the norms around smoking and alcohol consumption.
- I understand the complexities around categorising drugs.
- I know that all medicines are drugs but not all drugs are medicines.
- I understand ways in which medicines can be helpful or harmful, and used safely or unsafely.

What should I be able to do by the end of the unit?

- I can keep my information private online.
- I can explain how humans' basic emotional needs can be met.
- I can explain some of the laws that control drugs in the UK and why these laws exist.
- I can describe some of the effects and risks of drinking alcohol.

What should I know by the end of the unit?

- I know that it is illegal to create and share sexual images of children under 18 years old.
- I know the risks of sharing photos and films of myself with other people, either directly or online.
- I know what is meant by 'addiction', and that it is a form of behaviour.
- I understand that all humans have basic emotional needs.
- I know how drugs can be categorised into different groups depending on their medical and legal context.
- I understand that drugs have both medical and non-medical uses.
- I understand the norms around drinking alcohol and the reasons for common misperceptions.

Key Vocabulary

addiction	Being addicted to a particular substance or activity.
drug	A medicine or other substance which has a physiological effect on the body.
medicine	A drug prescribed to treat or prevent disease.